

Journey Enews

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Overthinking by Bobby Duncan

Author Bob Goff is a licensed airplane pilot. He flies his own small vintage airplane. In one of his books he describes a critical decision he made prior to a nighttime landing. The small airport he had left from early that morning was not equipped with runway lighting. His speaking engagement kept him longer than he had anticipated. His flight plan had to be altered a bit.

On the return flight more adjustments were needed. His instrument panel on the vintage airplane malfunctioned. Approaching the small, rural landing strip just before dusk, Goff pushed a couple landing controls to lower his wheels. This is where things got really interesting. One of the green lights indicating that his wheels had locked down did not illuminate. He was looking for three green lights, signifying all three wheels had lowered and locked. He only saw two.

His pilot mind began to race. He was processing all the possible negative outcomes. "What if one of the wheels is not locked down?" he thought. Goff said, "My thought what might occur if a wheel was not locked down was not good. I also wondered if it was as simple as a 50 cent bulb burned out." Two thoughts, radically different, were on his mind.

Goff was also low on fuel after a long flight that day. More tension grew as the sun began setting on the horizon. He made a couple passes in front of the control tower, hoping the tower might be able to make a visual assessment of his landing gear. The distance and the approaching darkness made the situation unclear. With every circle of the airport the urgency to land the plane became paramount. Finally, he decided it was now or never.

Goff landed the plane safely with all wheels locked down. He later described what he had learned as a pilot from this incident. "After desperate prayers and anxious moments, I knew I had to choose. I felt confident God was with me, whatever happened."

Sometimes in life, we just have to "land the plane." We have to trust God is with us, no matter the result of our decision.

People think a lot, which is good. But we can also overthink it. Sooner or later we have to make a choice, trusting God with our results. We are never alone. Clear your mind and trust God has heard your prayer. We are what we think.

After believing God, the Bible, Jesus and the Holy Spirit for our salvation and redemption, we step up with new faith, walking in His Way. Jesus is the way! Jesus helps us process our thoughts every single day. Go God.

We are able to put on the "mind of Christ" each morning before heading out into the world. "But we have the mind of Christ." 1 Corinthians 2:16b ESV

After we say yes to Jesus, God not only saves us. He redeems our thought patterns. Jesus teaches and trains us through His Word and the Holy Spirit. We're enrolled in the class called Christlikeness 101.

Let's do this. Magnify and amplify everywhere what we've discovered about God. Tell everybody. Not everybody knows.

Don't overthink it. Land the plane.

