

# Journey Enews

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## BE REMARKABLE By Bobby Duncan

John Herschel Glenn was born on July 18, 1921, in Cambridge, Ohio. In 1942/43 he began a remarkable career as an aviator in the Marine Corps. He later became a test pilot and trailblazer in space exploration. In 1962 he became the first American to orbit the Earth (three times). He later served as a Senator of Ohio in 1974, serving two terms. Later, in 1992, he was the first Senator from Ohio to serve four consecutive terms. Until his death on December 8, 2016, his life was remarkable.



Whatever generation you may be a part of, our time on this planet goes very quickly. Somewhere around age 25-35 we usually begin to have nagging questions about why our lives are so busy. By the time we realize we need to slow our pace a bit, we've used up another decade or so. Most people today have smaller margins in their busy schedules. It's not exactly in the Bible but the principle is clearly there: "Hurry is from the devil."

Here's a verse I think of often for busy people. It flashes like a warning, a red light on the dashboard of our car. Slow down, pull over, and take a break.

"And now I have a word for you who brashly announce, 'Today—at the latest, tomorrow—we're off to such and such a city for the year. We're going to start a business and make a lot of money.' You don't know the first thing about tomorrow. You're nothing but a wisp of fog, catching a brief bit of sun before disappearing. Instead, make it a habit to say, 'If the Master wills it and we're still alive, we'll do this or that.' " James 4:13-15 MSG

Maybe it has always been this way, rushing about, doing too much. However, it does feel like we're having especially harder times with mental health, pushing pause, catching a break, smiling more and worrying less. Which reminds me of another verse.

"Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down down. It's wonderful what happens when Christ displaces worry at the center of your life." Philippians 4:6-7 MSG

I am now realizing you don't need to be an astronaut to be remarkable. You don't have to be a certain age to be remarkable. Just get started today. Whatever days are left for you, just be remarkable today. Begin to do and think about more things that matter. Choose to be remarkable now.

Be astonishing. Be unforgettable. Make each day count. Pick bigger goals for yourself. Let's be remarkable.