

Journey Enews

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DEEPER DIVE

By Bobby Duncan

Some problems need to be researched. If you are building a house, you better read the blueprints first. Just deciding that your wall is straight enough by “eyeballing” it will lead to issues later. If you have a serious illness, you want to see a doctor; not just take a couple aspirin and hope you’ll be better in the morning. Some challenges require more insight and understanding to overcome.

This morning I was running the vacuum at the Journey Church office. The sun had just come up and was shining through the glass front door. I spotted all kinds of crumbs on the floor after a busy church weekend. Sometimes you can’t see the little things until a bright light is shined upon it.

Jesus wants us to take a deeper dive with our faith experience each day. There are struggles that seem to interfere. Sometimes hearing a Biblical message or a KLOVE song triggers more investigation. This allows God to shine more light on our current struggles. The more Jesus light, the more clearly we’re able to see. Unless you’re someone who enjoys cleaning, you probably tend to do a “once over.” We sweep the floor in dim light and say, “Good enough... No one will see the crumbs anyway.” In our public and private lives, Jesus sees everything, even the crumbs. He is not called the Light of the world for nothing (John 8:12).

Some sin issues and life setbacks require a deeper dive to overcome. How do we do that? We have to change up our unhealthy habits and behaviors. In general, sleep better, eat better, rest better, work better, exercise better, be better. How do we do that? Jesus, small groups, and church family help get us through our battles. Regular worship, prayer, and positive people are good medicine when we just aren’t our best selves (Hebrews 10:24-25).

On normal days, a quick wipe down may do for housework. Eventually, though, we’ll need a deeper dive; like a spring cleaning. When your personal life is wacky, a quick verse may not be enough. We may need a deeper dive with Jesus. Put aside the smart phone for an hour. Grab a cup of coffee and read the Bible, fresh and new again. Try a new/old way to clean things up. We are Jesus followers. Our lives represent Christ in us. We ARE the Church, not the bricks and wood (1 Corinthians 3:16). Maybe on occasion we can worry less about dirty floors, laundry, and dishes in the sink. Take a little break with God. Listen, and let Him encourage you again. Let’s get refreshed before the fall and winter holidays. Our deeper dive with Jesus may be just what the doctor ordered. Let’s shine some Jesus light all around. Go God.

